



Ulster Flying Club

Navigation Plog

Radio Freq

Newtownards Radio **128.305**
 Belfast City Approach **130.850**
 Aldergrove Approach **128.500**
 Aldergrove Tower **118.300**
 Enniskillen Radio **123.205**

Cruise Checks

F Fuel
R Radio
E Engine
D Direction
A Altitude

Position Report

Callsign
 Position & Time
 Altitude
 Next Waypoint
 Next Estimate

FROM	TO	1	2	3	4	5	6	7	8	9	10	11	12	13
		SAFETY HEIGHT	PLANNED HEIGHT	TRUE TRACK	WIND	TRUE HEADING	MAGNETIC VARIATION	MAGNETIC HEADING	AIRSPEED	GROUND SPEED	DISTANCE	TIME	ETA	ATA

Totals:

Notes

AVIATE! NAVIGATE! COMMUNICATE!

EMERGENCY FREQUENCY 121.500

Radio Aids	
BEL	117.2 -... ..
IOM	112.20 .. -- --
TRN	117.5 -... ..
Fuel Planning	
Cessna C152 burns 23 litres per hour	
Cessna C172 burns 35 litres per hour	
Maximum usable fuel	
ALL C172	201 Litres
G-UFCN	142 Litres
G-PTTB	91 Litres

Taxi mins

En Route mins ←

Alternate mins

Holding mins

Total Time mins

Fuel on Board litres

Fuel Required litres ←

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Reserve litres